Values and standards for being a part of 365 track club:

Team verse- Colossians 3:23-24: *Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.* Why this verse? As a coaching staff, we see the importance of always giving your best when God has blessed you with a talent. And most importantly, we see ourselves and you athletes as serving the Lord. When we try and please man, our focus is always on what others think about us. At the end of the day, all that matters is how we served God. I would love for you all to remember the phrase “Audience of One”. It is just a friendly reminder that your efforts are not so others will look at you and see how “great you are”, rather, your efforts are for The Lord your God.

Expectations:

Athletes, we expect you to come to practice every day, willing to work hard while keeping a great attitude. This doesn’t mean that you will not get frustrated, tired, etc. But, we want you to understand the importance of effort and attitude, even when you may not be feeling your best. This will be for your benefit as you grow older and see that your attitude is the most important thing you have control over.

Parents, we see your role in the lives of your children/athletes as vital to their success in life. Remember that track is just something that they do, it is not who they are. At the end of the day, they should always know that they have your love and support no matter what they accomplished on the track.

Athletes, to be a part of 365, you must be a teammate who lifts up others and most importantly, respects one another. We want to create an atmosphere that is different from the typical sports setting. We want you to see the value in every single teammate that your practice with, no matter how fast or talented they are. When people think and hear of 365, they should know that we are a FAMILY.

Athletes, we expect you to honor/respect your parents and us coaches. God has put your parents and even us coaches over you for the purpose of instruction. When we tell you to do something at practice or your parents tell you not to do something at home, it is because we love you and care about the person you become.

Athletes, we expect you to manage your time and make track a priority in your life. By no means should track come before God, family, or school, however, it should be something that you make time for throughout the week. We want kids who love track and field and are willing to put in the hard work that it takes to see improvement. As you get older, you will find that you can’t do everything, so choose what you love to do and make that a priority in your life.

Standards:

1. No foul language.
2. Stay committed in your studies.
3. Have fun. Yes, having fun is a standard of this team. We always want track and field to be something that brings you joy!
4. Positive attitude.
5. No bullying.
6. Be a listener.
7. Work hard.